



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Waraus, Michael

Total time: 1:00:40

Club: Darmstadt

Number: 13

Course: 25.50 km

Rank in course/Total: 2 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 2 (of 241)

Best time in course: 57:44

Category:

Rank in category: 1(of 41)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	8:21	0.00	2	0:39	7	0:57	0.50	8:21	0.00	31	-	1	-
Rad	20.00	33:39	35.66	1	-	5	4:17	20.50	42:00	28.57	37	-	1	-
Lauf	5.00	18:40	16.07	1	-	6	11:56	25.50	1:00:40	24.73	1	-	2	2:56