



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Schreck, Jonas

Total time: 1:14:38

Club: WG Runners

Number: 130

Course: 25.50 km

Rank in course/Total: 109 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 98 (of 241)

Best time in course: 57:44

Category:

Rank in category: 7(of 10)

männl. AK 1 (TM 20-24)

Best time in the category: 1:07:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	11:48	0.00	5	4:24	108	4:24	0.50	11:48	0.00	7	2:40	181	3:27
Rad	20.00	41:25	28.97	4	4:10	87	12:03	20.50	53:13	22.55	10	5:33	212	11:13
Lauf	5.00	21:25	14.01	3	1:17	42	14:41	25.50	1:14:38	20.10	7	7:19	99	16:54