



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Schneider, Frank

Total time: 1:15:09

Club: Nidderau

Number: 127

Course: 25.50 km

Rank in course/Total: 114 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 103 (of 241)

Best time in course: 57:44

Category:

Rank in category: 18(of 43)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:23	0.00	19	3:14	88	3:59	0.50	11:23	0.00	38		181	3:02
Rad	20.00	38:40	31.03	9	4:59	51	9:18	20.50	50:03	23.98	38		212	8:03
Lauf	5.00	25:06	11.95	26	6:24	125	18:22	25.50	1:15:09	19.96	18	14:26	104	17:25