



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Lamprecht, Thomas

Total time: 1:27:33

Club: TSG Maxdorf

Number: 99

Course: 25.50 km

Rank in course/Total: 262 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 208 (of 241)

Best time in course: 57:44

Category:

Rank in category: 36(of 41)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:39	0.00	10	2:57	60	3:15	0.50	10:39	0.00	31		181	2:18
Rad	20.00	43:54	27.33	21	10:15	125	14:32	20.50	54:33	22.00	37	9:25	212	12:33
Lauf	5.00	33:00	9.09	35	14:20	201	26:16	25.50	1:27:33	17.13	36	26:53	209	29:49