



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Ebel, Dr. Klaus

Total time: 1:11:28

Club: TV Lampertheim Triathlon

Number: 153

Course: 25.50 km

Rank in course/Total: 75 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 70 (of 241)

Best time in course: 57:44

Category:

Rank in category: 3(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:02:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:57	0.00	5	0:51	73	3:33	0.50	10:57	0.00	14	0:03	181	2:36
Rad	20.00	37:45	31.79	2	0:50	38	8:23	20.50	48:42	24.64	11		212	6:42
Lauf	5.00	22:46	13.18	4	2:04	67	16:02	25.50	1:11:28	20.99	3	9:23	71	13:44