



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Schrempf, Lothar

Total time: 1:12:00

Club: Lorsch

Number: 31

Course: 25.50 km

Rank in course/Total: 83 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 77 (of 241)

Best time in course: 57:44

Category:

Rank in category: 5(of 10)

männl. AK 1 (TM 20-24)

Best time in the category: 1:07:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	9:08	0.00	2	1:44	20	1:44	0.50	9:08	0.00	1	-	11	0:47
Rad	20.00	38:32	31.14	2	1:17	49	9:10	20.50	47:40	25.17	1	-	11	5:40
Lauf	5.00	24:20	12.33	8	4:12	107	17:36	25.50	1:12:00	20.83	5	4:41	78	14:16