



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

Schreck, Thomas

Total time: 1:17:22

Club: WG Runners

Number: 184

Course: 25.50 km

Rank in course/Total: 141 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 123 (of 241)

Best time in course: 57:44

Category:

Rank in category: 12(of 28)

Senioren 3 (TM 50-54)

Best time in the category: 1:03:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	12:25	0.00	16	3:36	128	5:01	0.50	12:25	0.00	15	1:12	181	4:04
Rad	20.00	41:37	28.83	9	6:20	89	12:15	20.50	54:02	22.21	27	4:07	212	12:02
Lauf	5.00	23:20	12.86	9	3:32	76	16:36	25.50	1:17:22	19.39	12	13:43	124	19:38