



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Tamkan, Cem Joachim

Total time: 1:40:04

Club: SCHENKER ZV-TEAM Kelsterbach

Number: 141

Course: 25.50 km

Rank in course/Total: 306 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 233 (of 241)

Best time in course: 57:44

Category:

Rank in category: 41(of 41)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	13:32	0.00	25	5:50	150	6:08	0.50	13:32	0.00	31	1:02	181	5:11
Rad	20.00	52:07	23.03	32	18:28	184	22:45	20.50	1:05:39	18.28	37	20:31	212	23:39
Lauf	5.00	34:25	8.72	36	15:45	204	27:41	25.50	1:40:04	14.99	41	39:24	234	42:20