



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Krayer, Reinhold

Total time: 1:23:58

Club: Mainz
Number: 164

Course: 25.50 km
Lorsch Triathlon 0,5-20-5

Rank in course/Total: 227 (of 317)

Rank in course/Men: 185 (of 241)

Best time in course: 57:44

Category:
Senioren 1 (TM 40-44)

Rank in category: 36(of 43)

Best time in the category: 1:00:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	12:34	0.00	27	4:25	133	5:10	0.50	12:34	0.00	1	-	181	4:13
Rad	20.00	44:06	27.21	28	10:25	127	14:44	20.50	56:40	21.18	38	3:15	212	14:40
Lauf	5.00	27:18	10.99	31	8:36	159	20:34	25.50	1:23:58	17.86	36	23:15	186	26:14