



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Becker, Rüdiger

Total time: 1:06:23

Club: YVO Tria Lampertheim

Number: 198

Course: 25.50 km

Rank in course/Total: 30 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 28 (of 241)

Best time in course: 57:44

Category:

Rank in category: 4(of 29)

männl. AK 4 (TM 35-39)

Best time in the category: 1:03:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking				
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	9:20	0.00	3	0:55	24	1:56	0.50	9:20	0.00	24			181	0:59
Rad	20.00	36:17	33.07	5	2:41	22	6:55	20.50	45:37	26.31	26			212	3:37
Lauf	5.00	20:46	14.45	5	9:30	29	14:02	25.50	1:06:23	22.60	4	2:46		29	8:39