



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Sturma, Simon

Total time: 1:07:01

Club: TSG Kleinostheim

Number: 211

Course: 25.50 km

Rank in course/Total: 35 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 32 (of 241)

Best time in course: 57:44

Category:

Rank in category: 7(of 23)

männl. AK 2 (TM 25-29)

Best time in the category: 57:44

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Schwimmen | 0.50 | 7:46 | 3.86 | 1 | - | 3 | 0:22 | 0.50 | 7:46 | 3.86 | 16 | | | 181 | |
| Rad | 20.00 | 37:45 | 31.79 | 6 | 8:23 | 38 | 8:23 | 20.50 | 45:31 | 27.02 | 20 | 0:26 | | 212 | 3:31 |
| Lauf | 5.00 | 21:30 | 13.95 | 7 | 3:57 | 44 | 14:46 | 25.50 | 1:07:01 | 22.83 | 7 | 9:17 | | 33 | 9:17 |