



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Paulus, Dorothea

Total time: 1:30:15

Club: TSV 03 Wolfskehlen

Number: 192

Course: 25.50 km

Rank in course/Total: 273 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 59 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 1(of 2)

Seniorinnen 5 (TW 60-64)

Best time in the category: 1:30:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:47	2.55	1	-	42	4:07	0.50	11:47	2.55	3			67
Rad	20.00	48:11	24.90	1	-	50	14:11	20.50	59:58	20.51	3			70
Lauf	5.00	30:17	9.91	1	-	57	11:24	25.50	1:30:15	16.95	1	-	59	27:35