



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Mees, Dr. Claus

Total time: 1:10:42

Club: TSG Maxdorf

Number: 233

Course: 25.50 km

Rank in course/Total: 65 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 60 (of 241)

Best time in course: 57:44

Category:

Rank in category: 6(of 28)

Senioren 3 (TM 50-54)

Best time in the category: 1:03:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	13:06	0.00	18	4:17	146	5:42	0.50	13:06	0.00	24	1:53	181	4:45
Rad	20.00	36:49	32.59	2	1:32	29	7:27	20.50	49:55	24.04	1	-	212	7:55
Lauf	5.00	20:47	14.43	3	0:59	30	14:03	25.50	1:10:42	21.22	6	7:03	61	12:58