



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

Sitte, Thomas

Total time: 1:15:57

Club: TSG Eppstein

Number: 14

Course: 25.50 km

Rank in course/Total: 124 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 111 (of 241)

Best time in course: 57:44

Category:

Rank in category: 20(of 41)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:40

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	11:29	0.00	16	3:47	96	4:05	0.50	11:29	0.00	31		15	3:08
Rad	20.00	41:04	29.22	12	7:25	80	11:42	20.50	52:33	22.84	37	7:25	15	10:33
Lauf	5.00	23:24	12.82	15	4:44	78	16:40	25.50	1:15:57	19.75	20	15:17	112	18:13