



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Thinius, Andreas

Total time: 1:11:46

Club: Carboo4U TuS Griesheim

Number: 236

Course: 25.50 km

Rank in course/Total: 78 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 72 (of 241)

Best time in course: 57:44

Category:

Rank in category: 11(of 29)

männl. AK 4 (TM 35-39)

Best time in the category: 1:03:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	9:45	0.00	5	1:20	35	2:21	0.50	9:45	0.00	24		181	1:24
Rad	20.00	38:15	31.37	7	4:39	44	8:53	20.50	48:00	25.00	26		212	6:00
Lauf	5.00	23:46	12.62	12	12:30	93	17:02	25.50	1:11:46	20.90	11	8:09	73	14:02