



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Hofer, Manfred

Total time: 1:14:40

Club: Bensheim

Number: 40

Course: 25.50 km

Rank in course/Total: 110 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 99 (of 241)

Best time in course: 57:44

Category:

Rank in category: 10(of 28)

Senioren 3 (TM 50-54)

Best time in the category: 1:03:39

Intermediate times

Stage score

Total ranking

Control	Split		Split km/h	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Pos Men	Behind Men							
Schwimmen	0.50	11:31	2.60	12	2:42	97	4:07	0.50	11:31	2.60	24	0:18	16	3:10
Rad	20.00	40:21	29.74	8	5:04	70	10:59	20.50	51:52	23.71	27	1:57	16	9:52
Lauf	5.00	22:48	13.16	8	3:00	69	16:04	25.50	1:14:40	20.49	10	11:01	100	16:56