



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Egel-Hess, Dr. Wolfgang

Total time: 1:18:26

Club: LT Lorsch

Number: 227

Course: 25.50 km

Rank in course/Total: 157 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 136 (of 241)

Best time in course: 57:44

Category:

Rank in category: 15(of 28)

Senioren 3 (TM 50-54)

Best time in the category: 1:03:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	13:01	0.00	17	4:12	142	5:37	0.50	13:01	0.00	24	1:48	181	4:40
Rad	20.00	41:38	28.82	10	6:21	90	12:16	20.50	54:39	21.96	12	4:44	212	12:39
Lauf	5.00	23:47	12.61	12	3:59	95	17:03	25.50	1:18:26	19.12	15	14:47	137	20:42