



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Spengler, Walter

Total time: 1:19:17

Club: Weinheim

Number: 213

Course: 25.50 km

Rank in course/Total: 172 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 147 (of 241)

Best time in course: 57:44

Category:

Rank in category: 16(of 28)

Senioren 3 (TM 50-54)

Best time in the category: 1:03:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	11:13	0.00	10	2:24	81	3:49	0.50	11:13	0.00	1	-	181	2:52
Rad	20.00	42:10	28.46	12	6:53	98	12:48	20.50	53:23	22.48	11	3:28	212	11:23
Lauf	5.00	25:54	11.58	15	6:06	137	19:10	25.50	1:19:17	18.92	16	15:38	148	21:33