



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

Hilbert, Werner

Total time: 1:39:53

Club: LT Karlstern

Number: 160

Course: 25.50 km

Rank in course/Total: 305 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 232 (of 241)

Best time in course: 57:44

Category:

Rank in category: 18(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:02:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	14:51	0.00	13	4:45	166	7:27	0.50	14:51	0.00	14	3:57	181	6:30
Rad	20.00	48:35	24.70	12	11:40	168	19:13	20.50	1:03:26	18.92	8	13:31	212	21:26
Lauf	5.00	36:27	8.23	17	15:45	208	29:43	25.50	1:39:53	15.02	18	37:48	233	42:09