



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Heinz, Thomas

Total time: 1:22:20

Club: Neureuther Automobile

Number: 231

Course: 25.50 km

Rank in course/Total: 205 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 171 (of 241)

Best time in course: 57:44

Category:

Rank in category: 27(of 41)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	12:21	0.00	22	4:39	125	4:57	0.50	12:21	0.00	31		181	4:00	
Rad	20.00	46:00	26.09	25	12:21	146	16:38	20.50	58:21	20.57	37	13:13	212	16:21	
Lauf	5.00	23:59	12.51	17	5:19	99	17:15	25.50	1:22:20	18.22	27	21:40	172	24:36	