



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

**Hechler, Christian**

**Total time: 1:04:37**

Club: DekaBank Triathlon-Team

Number: 279

Course: 25.50 km

Rank in course/Total: 20 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 18 (of 241)

Best time in course: 57:44

Category:

Rank in category: 4(of 28)

männl. AK 3 (TM 30-34)

Best time in the category: 1:01:25

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men				
Schwimmen	0.50	9:34	0.00	5	1:01	29	2:10	0.50	9:34	0.00	20					181	1:13
Rad	20.00	34:19	34.97	2	0:45	10	4:57	20.50	43:53	27.35	25					212	1:53
Lauf	5.00	20:44	14.47	3	2:41	28	14:00	25.50	1:04:37	23.21	4	3:12			19	6:53	