



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Greminger, Horst

Total time: 1:24:46

Club: Lorsch

Number: 229

Course: 25.50 km

Rank in course/Total: 237 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 194 (of 241)

Best time in course: 57:44

Category:

Rank in category: 3(of 5)

Senioren 6 (TM 65-69)

Best time in the category: 1:18:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking				
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	13:03	0.00	2	1:39	144	5:39	0.50	13:03	0.00	6			181	4:42
Rad	20.00	39:57	30.04	2	3:57	64	10:35	20.50	53:00	22.64	6			212	11:00
Lauf	5.00	31:46	9.44	5	8:44	197	25:02	25.50	1:24:46	17.70	3	6:17		195	27:02