



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Hümpel, Alexander

Total time: 1:18:05

Club: Bürstadt

Number: 20

Course: 25.50 km

Rank in course/Total: 153 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 132 (of 241)

Best time in course: 57:44

Category:

Rank in category: 25(of 43)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	10:05	0.00	11	1:56	44	2:41	0.50	10:05	0.00	38		17	1:44
Rad	20.00	44:15	27.12	30	10:34	129	14:53	20.50	54:20	22.09	38	0:55	17	12:20
Lauf	5.00	23:45	12.63	17	5:03	92	17:01	25.50	1:18:05	19.21	25	17:22	133	20:21