



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Prenzel, Lutz

Total time: 1:25:15

Club: Sulzbach am Main

Number: 220

Course: 25.50 km

Rank in course/Total: 239 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 196 (of 241)

Best time in course: 57:44

Category:

Rank in category: 4(of 8)

Senioren 5 (TM 60-64)

Best time in the category: 1:16:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	13:50	0.00	3	1:33	156	6:26	0.50	13:50	0.00	5	0:07	181	5:29
Rad	20.00	46:39	25.72	4	6:14	149	17:17	20.50	1:00:29	19.84	9	6:21	212	18:29
Lauf	5.00	24:46	12.11	4	18:02	116	18:02	25.50	1:25:15	17.60	5	20:50	197	27:31