



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Michalik, Axel

Total time: 1:28:54

Club: SC Friedberg

Number: 221

Course: 25.50 km

Rank in course/Total: 269 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 212 (of 241)

Best time in course: 57:44

Category:

Rank in category: 1(of 3)

Senioren 7 (TM 70-74)

Best time in the category: 1:28:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	14:39	0.00	1	-	163	7:15	0.50	14:39	0.00	3	-	181	6:18
Rad	20.00	46:24	25.86	1	-	147	17:02	20.50	1:01:03	19.66	4	-	212	19:03
Lauf	5.00	27:51	10.77	1	-	165	21:07	25.50	1:28:54	16.87	1	-	213	31:10