



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Siems, Nils

Total time: 1:03:37

Club: SC Oberursel

Number: 292

Course: 25.50 km

Rank in course/Total: 11 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 10 (of 241)

Best time in course: 57:44

Category:

Rank in category: 1(of 29)

männl. AK 4 (TM 35-39)

Best time in the category: 1:03:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men	
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-	-
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-	-
Lauf	5.00	1:03:37	4.72	26	52:21	215	56:53	25.50	1:03:37	23.58	1	-	10	5:53	