



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Küstermann, Benedikt

Total time: 1:05:34

Club: Oberursel

Number: 313

Course: 25.50 km

Rank in course/Total: 27 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 25 (of 241)

Best time in course: 57:44

Category:

Rank in category: 6(of 28)

männl. AK 3 (TM 30-34)

Best time in the category: 1:01:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:05:34	4.58	27	47:31	223	58:50	25.50	1:05:34	22.88	6	4:09	26	7:50