



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

**Emmenlauer, Simone**

**Total time: 1:31:29**

Club: Bensheim

Number: 244

Course: 25.50 km

Rank in course/Total: 278 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 61 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 12(of 14)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:03:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	9:27	0.00	4	1:47	9	1:47	0.50	9:27	0.00	14	-	-	67
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:22:02	3.66	14	1:02:15	75	1:03:09	25.50	1:31:29	16.40	12	27:50	61	28:49