



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Hort, Sebastian

Total time: 1:12:07

Club: Soprema Team MTG Mannheim

Number: 302

Course: 25.50 km

Rank in course/Total: 85 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 78 (of 241)

Best time in course: 57:44

Category:

Rank in category: 2(of 3)

männl. Junioren (TM 18/19)

Best time in the category: 1:10:37

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	-	-	3		181		0.50	-	-	3		181	
Rad	20.00	47:17	25.38	2	10:51	155	17:55	20.50	47:17	25.38	3	0:23	212	5:17
Lauf	5.00	24:50	12.08	2	1:07	119	18:06	25.50	1:12:07	20.80	2	1:30	79	14:23