



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

**Hort, Sebastian**

**Total time: 1:12:07**

Club: Soprema Team MTG Mannheim

Number: 302

Course: 25.50 km

Rank in course/Total: 85 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 78 (of 241)

Best time in course: 57:44

Category:

Rank in category: 2(of 3)

männl. Junioren (TM 18/19)

Best time in the category: 1:10:37

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	-	-	3		181		0.50	-	-	3		181	
Rad	20.00	47:17	25.38	2	10:51	155	17:55	20.50	47:17	25.38	3	0:23	212	5:17
Lauf	5.00	24:50	12.08	2	1:07	119	18:06	25.50	1:12:07	20.80	2	1:30	79	14:23