



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Adrian, Thomas

Club: HSG Eckbachtal

Number: 300

Course: 25.50 km

Lorsch Triathlon 0,5-20-5

Category:

Senioren 2 (TM 45.49)

Total time: 1:12:13

Rank in course/Total: 86 (of 317)

Rank in course/Men: 79 (of 241)

Best time in course: 57:44

Rank in category: 14(of 41)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	-	-	31		181		0.50	-	-	31		181	
Rad	20.00	52:19	22.94	33	18:40	186	22:57	20.50	52:19	22.94	37	7:11	212	10:19
Lauf	5.00	19:54	15.08	3	1:14	15	13:10	25.50	1:12:13	20.77	14	11:33	80	14:29