



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

**Linkerhand, Marcus**

**Total time: 1:14:11**

Club: Mainz-Kostheim

Number: 327

Course: 25.50 km

Rank in course/Total: 107 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 96 (of 241)

Best time in course: 57:44

Category:

Rank in category: 16(of 43)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:43

### Intermediate times

### Stage score

### Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |               |             |                |            |               |
|-----------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|
|           |             |               |               |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Schwimmen | 0.50        | -             | -             | 38          |                | 181         |               | 0.50          | -             | -             | 38          |                | 181        |               |
| Rad       | 20.00       | 49:55         | 24.04         | 34          | 16:14          | 173         | 20:33         | 20.50         | 49:55         | 24.04         | 38          |                | 212        | 7:55          |
| Lauf      | 5.00        | 24:16         | 12.36         | 21          | 5:34           | 106         | 17:32         | 25.50         | 1:14:11       | 20.22         | 16          | 13:28          | 97         | 16:27         |