



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Linkerhand, Marcus

Total time: 1:14:11

Club: Mainz-Kostheim

Number: 327

Course: 25.50 km

Rank in course/Total: 107 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 96 (of 241)

Best time in course: 57:44

Category:

Rank in category: 16(of 43)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind		Pos Men	Behind Men
						Pos Men	Behind Men	km	Time			Pos Men	Behind Men		
Schwimmen	0.50	-	-	38		181		0.50	-	-	38		181		
Rad	20.00	49:55	24.04	34	16:14	173	20:33	20.50	49:55	24.04	38		212	7:55	
Lauf	5.00	24:16	12.36	21	5:34	106	17:32	25.50	1:14:11	20.22	16	13:28	97	16:27	