



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Grüber, Almuth

Total time: 1:02:40

Club: MTG Mannheim Triathlon

Number: 365

Course: 25.50 km

Rank in course/Total: 9 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 1 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 1(of 12)

weibl. AK 2 (TW 25-29)

Best time in the category: 1:02:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-	-
Rad	20.00	43:47	27.41	2	6:19	29	9:47	20.50	43:47	27.41	12	-	-	70	-
Lauf	5.00	18:53	15.89	1	-	1	-	25.50	1:02:40	23.94	1	-	-	1	-