



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

Rhein, Thomas

Total time: 1:03:20

Club: SC Oberursel

Number: 375

Course: 25.50 km

Rank in course/Total: 10 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 9 (of 241)

Best time in course: 57:44

Category:

Rank in category: 2(of 28)

männl. AK 3 (TM 30-34)

Best time in the category: 1:01:25

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	-	-	20		181		0.50	-	-	20		181	
Rad	20.00	-	-	25		212		20.50	-	-	25		212	
Lauf	5.00	1:03:20	4.74	25	45:17	214	56:36	25.50	1:03:20	24.16	2	1:55	9	5:36