



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Ofer, Rene

Total time: 1:05:44

Club: ASC Darmstadt

Number: 368

Course: 25.50 km

Rank in course/Total: 28 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 26 (of 241)

Best time in course: 57:44

Category:

Rank in category: 6(of 23)

männl. AK 2 (TM 25-29)

Best time in the category: 57:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men	
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-	-
Rad	20.00	45:28	26.39	13	16:06	139	16:06	20.50	45:28	27.05	20	0:23	212	3:28	
Lauf	5.00	20:16	14.80	5	2:43	21	13:32	25.50	1:05:44	23.28	6	8:00	27	8:00	