



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Mokros, Alexander

Total time: 1:07:19

Club: StartNet Team DSW12 Darmstadt

Number: 386

Course: 25.50 km

Rank in course/Total: 40 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 37 (of 241)

Best time in course: 57:44

Category:

Rank in category: 1(of 10)

männl. AK 1 (TM 20-24)

Best time in the category: 1:07:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-
Rad	20.00	45:44	26.24	6	8:29	143	16:22	20.50	45:44	26.24	10	-	212	3:44
Lauf	5.00	21:35	13.90	4	1:27	47	14:51	25.50	1:07:19	22.28	1	-	38	9:35