



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Bernhardt, Christoph

Total time: 1:15:27

Club: Babenhausen

Number: 255

Course: 25.50 km

Rank in course/Total: 119 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 108 (of 241)

Best time in course: 57:44

Category:

Rank in category: 14(of 23)

männl. AK 2 (TM 25-29)

Best time in the category: 57:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	15:13	0.00	15	7:27	169	7:49	0.50	15:13	0.00	16	6:55	181	6:52
Rad	20.00	29:22	40.86	1	-	1	-	20.50	44:35	26.92	5		212	2:35
Lauf	5.00	30:52	9.72	18	13:19	193	24:08	25.50	1:15:27	19.88	14	17:43	109	17:43