



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Gebhardt, Astrid

Total time: 1:31:44

Club: Alsbach-Hähnlein

Number: 305

Course: 25.50 km

Rank in course/Total: 279 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 62 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 11(of 15)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:14:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-
Rad	20.00	1:05:59	18.19	14	31:59	67	31:59	20.50	1:05:59	18.19	15	13:39	70	5:10
Lauf	5.00	25:45	11.65	5	2:18	24	6:52	25.50	1:31:44	16.35	11	17:44	62	29:04