



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Williams, Rupert

Total time: 1:05:04

Club: England Allstars

Number: 47

Course: 25.50 km

Rank in course/Total: 23 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 21 (of 241)

Best time in course: 57:44

Category:

Rank in category: 4(of 41)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:52	0.00	5	2:10	38	2:28	0.50	9:52	0.00	31		3	1:31
Rad	20.00	35:23	33.91	4	1:44	16	6:01	20.50	45:15	26.52	37	0:07	3	3:15
Lauf	5.00	19:49	15.14	2	1:09	13	13:05	25.50	1:05:04	23.05	4	4:24	22	7:20