



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

Niebauer, Claudia

Total time: 1:03:39

Club: Heppenheim

Number: 52

Course: 25.50 km

Rank in course/Total: 12 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 2 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 1(of 14)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:03:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	8:32	0.00	2	0:52	2	0:52	0.50	8:32	0.00	14			46
Rad	20.00	35:20	33.96	1	-	3	1:20	20.50	43:52	27.36	11			49
Lauf	5.00	19:47	15.16	1	-	2	0:54	25.50	1:03:39	23.57	1	-	2	0:59