



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Gumb, Gudrun

Total time: 1:20:06

Club: Bensheim

Number: 360

Course: 25.50 km

Rank in course/Total: 181 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 29 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 7(of 15)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:14:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women	
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-	-
Rad	20.00	54:03	22.20	13	20:03	61	20:03	20.50	54:03	22.20	15	1:43	70		
Lauf	5.00	26:03	11.52	6	2:36	27	7:10	25.50	1:20:06	18.73	7	6:06	29	17:26	