



# 7. Lorsche Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

### Niz-Blitz Heppenheim

Total time: 1:23:31

Club: Niz-Blitz Heppenheim

Number: 342

Course: 25.50 km

Rank in course/Total: 16 (of 20)

Triathlonstaffel

Rank in course/Total: 16 (of 20)

Best time in course: 57:32

Category:

Rank in category: 16(of 20)

Triathlon-Staffel

Best time in the category: 57:32

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-
Rad	20.00	59:23	20.21	16	27:42	16	27:42	20.50	59:23	20.21	8	1:00	8	1:00
Lauf	5.00	24:08	12.43	10	6:36	10	6:36	25.50	1:23:31	17.96	16	25:59	16	25:59