



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Ungermann, Dieter

Total time: 1:28:39

Club: LT Karlstern

Number: 382

Course: 25.50 km

Rank in course/Total: 268 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 211 (of 241)

Best time in course: 57:44

Category:

Rank in category: 5(of 8)

Senioren 5 (TM 60-64)

Best time in the category: 1:16:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-
Rad	20.00	1:00:35	19.81	7	20:10	205	31:13	20.50	1:00:35	19.81	9	6:27	212	18:35
Lauf	5.00	28:04	10.69	6	21:20	168	21:20	25.50	1:28:39	16.92	6	24:14	212	30:55