



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

**Koop, Christine**

**Total time: 1:14:01**

Club: LLG Wonnegau

Number: 79

Course: 25.50 km

Rank in course/Total: 102 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 10 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 2(of 14)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:11:42

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking	
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women
Schwimmen	0.50	10:08	0.00	3	1:34	13	2:28	0.50	10:08	0.00	2	1:34	38
Rad	20.00	40:00	30.00	2	0:56	9	6:00	20.50	50:08	23.94	2	2:30	41
Lauf	5.00	23:53	12.56	2	0:51	12	5:00	25.50	1:14:01	20.27	2	2:19	10 11:21