



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

**Fritz, Sylke**

**Total time: 1:16:10**

Club: Team M wathlon SKV M rfelden

Number: 70

Course: 25.50 km

Rank in course/Total: 128 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 14 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 3(of 15)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:14:00

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:44	0.00	10	2:04	41	4:04	0.50	11:44	0.00	14	-	35	-
Rad	20.00	40:36	29.56	3	6:36	12	6:36	20.50	52:20	22.93	1	-	38	-
Lauf	5.00	23:50	12.59	2	0:23	10	4:57	25.50	1:16:10	19.69	3	2:10	14	13:30