



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Staudt, Anja

Total time: 1:19:05

Club: TSV Amicitia Viernheim

Number: 94

Course: 25.50 km

Rank in course/Total: 169 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 24 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 5(of 14)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:11:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:22	0.00	8	2:48	30	3:42	0.50	11:22	0.00	4	2:48	15	
Rad	20.00	40:40	29.51	3	1:36	14	6:40	20.50	52:02	23.06	4	4:24	66	
Lauf	5.00	27:03	11.09	7	4:01	33	8:10	25.50	1:19:05	18.97	5	7:23	24	16:25