



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Hänsgen, Ina

Total time: 1:19:13

Club: TV Dieburg

Number: 95

Course: 25.50 km

Rank in course/Total: 171 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 25 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 6(of 14)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:11:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	10:40	0.00	5	17	2:06	3:00	0.50	10:40	0.00	5	17	2:06	3:00
Rad	20.00	41:25	28.97	5	18	2:21	7:25	20.50	52:05	23.04	5	18	4:27	7:25
Lauf	5.00	27:08	11.06	8	35	4:06	8:15	25.50	1:19:13	18.94	6	35	7:31	16:33