



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

Gerstenschläger, Frank

Total time: 1:08:06

Club: TSV Modau

Number: 27

Course: 25.50 km

Rank in course/Total: 45 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 42 (of 241)

Best time in course: 57:44

Category:

Rank in category: 3(of 28)

Senioren 3 (TM 50-54)

Best time in the category: 1:03:39

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	9:16	0.00	3	0:27	22	1:52	0.50	9:16	0.00	24		5	0:55
Rad	20.00	37:19	32.16	4	2:02	36	7:57	20.50	46:35	25.76	27		5	4:35
Lauf	5.00	21:31	13.94	6	1:43	45	14:47	25.50	1:08:06	22.03	3	4:27	43	10:22