



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Dölger, Erik

Total time: 1:10:12

Club: SCA Laufftreff

Number: 103

Course: 25.50 km

Rank in course/Total: 58 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 54 (of 241)

Best time in course: 57:44

Category:

Rank in category: 10(of 28)

männl. AK 3 (TM 30-34)

Best time in the category: 1:01:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			Pos Men	Behind Men	
Schwimmen	0.50	10:46	0.00	10	2:13	68	3:22	0.50	10:46	0.00	20		181	2:25
Rad	20.00	36:09	33.20	4	2:35	21	6:47	20.50	46:55	25.58	25		212	4:55
Lauf	5.00	23:17	12.88	10	5:14	74	16:33	25.50	1:10:12	21.37	10	8:47	55	12:28