



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Frey-Kinzinger, Jörg

Club: SSG Bensheim Trias

Number: 142

Course: 25.50 km

Lorsch Triathlon 0,5-20-5

Category:

Senioren 1 (TM 40-44)

Total time: 1:00:43

Rank in course/Total: 3 (of 317)

Rank in course/Men: 3 (of 241)

Best time in course: 57:44

Rank in category: 1(of 43)

Best time in the category: 1:00:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	8:09	0.00	1	-	4	0:45	0.50	8:09	0.00	38	-	181	
Rad	20.00	33:41	35.63	1	-	6	4:19	20.50	41:50	28.69	38	-	212	
Lauf	5.00	18:53	15.89	2	0:11	8	12:09	25.50	1:00:43	24.70	1	-	3	2:59