



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

Lange, Natascha

Total time: 1:20:47

Club: TV Lampertheim Triathlon

Number: 76

Course: 25.50 km

Rank in course/Total: 187 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 31 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 8(of 14)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:11:42

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	13:17	0.00	12	4:43	56	5:37	0.50	13:17	0.00	6	4:43	60	0:32
Rad	20.00	42:17	28.38	7	3:13	24	8:17	20.50	55:34	21.60	6	7:56	53	
Lauf	5.00	25:13	11.90	5	2:11	17	6:20	25.50	1:20:47	18.57	8	9:05	31	18:07